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Patient Satisfaction on Receiving Bio-Functional Prosthetic System (Bps) Denture Verses Conventional Complete Denture Based on Retention, Stability, Aesthetic and Overall Satisfaction of The Patient- A Systematic Review

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## **Abstract**

**Aim:** The purpose of this systematic review is to comparatively evaluate the patient satisfaction on receiving bio-functional prosthetic system (BPS) denture verses conventional complete denture based on retention, stability, aesthetic and overall satisfaction of the patient.

Material and methods: Electronic searches of dental literature in the National Library of Medicine's PubMed Database, Google Scholar, EBSCO and Pro Quest, Research Gate was performed to identify all peerreviewed articles in the English literature dealing with overall Satisfaction on Receiving Bio-functional

Prosthetic System Complete Denture and Conventional Complete Denture according to the search strategy.

Results: From 63 titles, 8 full text articles were selected based on the inclusion criteria. All selected studies were comparative study between patient overall Satisfaction on Receiving Bio-functional Prosthetic System Complete Denture and Conventional Complete Denture by means of questionnaires/interviews. Although the advantage of BPS conventional denture in each term is considered far more efficient than conventional denture in every aspect, optimally fulfilling the aesthetic, functional and phonetic demand of the patient, it is exceptionally technique sensitive, requires additional

investment and needs special skills and training to achieve the goal.

Conclusion: Bio functional prosthetic system is a novel technique and is superior to the conventional complete denture in esthetics, form, function, and comfort from a patient's perspective. It is designed in such a manner that reduces cases of pressure sores, stomatitis, and oral candidiasis. Due to bilateral balanced occlusion, it achieves a higher stability of the denture in function and resting condition and decelerated the slowed down the resorption process in comparison to ridge atrophy in Conventional dentures.

**Keywords**: retention, stability, aesthetic and overall satisfaction of the patient. Levels of evidence accepted were Randomized control trials, cohort studies, retrospective clinical studies, prospective studies etc.

## Introduction

Edentulism is the result of tooth loss which is considered as a handicap to oral function that has psychosocial impact. It is considered an impediment impacting both patient's quality of life and their nutrition. Although the number of adults losing their natural teeth is diminishing, there are still large numbers of edentulous adults in the population<sup>12</sup>. Globally, substantial proportions of edentulous individuals, particularly among the elderly, need rehabilitation. Patient satisfaction is a critical determinant in the success or failure of complete denture therapy<sup>14</sup>. For the purpose of treating these issues, the prosthodontist needs to have an in-depth knowledge of anatomy, physiology, pathology, and psychology.

Complete denture restores teeth and oral tissues thus providing masticatory, phonetic and aesthetically pleasing appearance which can improve overall wellbeing of an individual. The idea of treating complete denture patients is to restore normal contour, comfort,

function, esthetics, and preservation of residual alveolar ridge.  $^{21}$ 

Studies indicate that the great majority of completely edentulous patients are satisfied with their complete dentures while great emphasis is placed on the patients who remain dissatisfied despite the clinical perfection of their oral rehabilitation, as patients' satisfaction with their dentures seems to be associated with their level of comfort.<sup>14</sup>

Furthermore, after denture insertion, patients very often face problems with the denture even after utmost care during fabrication procedure. The most common patient's complaint is traumatic ulcers, caused by dentures. Due to discomfort caused by these traumatic ulcers, patients are hesitant to wear dentures and they doubt the treatment capabilities and treatment plan of dentist. There are various factors which can cause these traumatic mucosal injuries. The most common factors are denture irregularities, overextended denture flanges, improper denture adaptation, improper occlusal contact. Most of these are related to either laboratory or clinical errors during various steps of denture fabrication.

Success of complete denture treatment outcome remains unpredictable due to pain, discomfort, loss of retention and stability of the prosthesis. There is little attention given towards the psychological impact of the patient after receiving the prostheses. <sup>14</sup> Thus, psychological factors provide valuable information for the prediction of the satisfactory outcome of complete denture treatment. It is also important to identify what specifically determines patient satisfaction with dentures. Such identification may enhance patient satisfaction and denture acceptance, consequently improving patient well-being.

Nevertheless, the feelings and experiences of patients when eating with dentures are also an important consideration in the assessment of the success of prosthetic rehabilitation. Numerous research into the effect of prosthetic rehabilitation also focuses on clinical outcomes and the functional ability to chew and to eat a nutritionally adequate and balanced diet. The ability to enjoy food and the experience of eating may be as important to health and well-being as the functional ability to consume a healthy diet. Indeed, 'eating is one of the nicest things we do' as a qualitative study about the mouth and old age pointed out.<sup>11</sup>

Even though conventional complete denture is still extensively used for the replacement of missing dentition and the use of it is not expected to decline soon especially in less developed populations with limited economic resources, advancement in conventional denture therapy is still in demand and should be researched and improved.

Therefore, rapidly providing high-quality complete dentures has become one of the most important aspects of removable denture. Novel procedures and methods are being developed to provide a better and a much more efficient method of fabricating complete denture as compared to the techniques conventionally used. Newer methods have a more convenient method of recording impressions, jaw relations and seem to have better esthetic outcomes. This helps in improving the quality of life of edentulous patients and elevates their satisfaction levels. <sup>21</sup>

The great deal of advanced method used nowadays is Bio functional prosthetic System Dentures (BPS), also called biogenic or bio functional, because of the ability to construct dentures which are really like the natural elements they substitute, fulfilling this way aesthetics, functional and phonetic demands of the patient. The BPS system was intended to negate the shortcomings of conventional complete denture techniques.<sup>15</sup>

BPS originated from studies by Rainer Strack of the University of Tübingen in Germany in 1955; a telephotographic study, a three-dimensional photographic kymographic measurement of occlusal surfaces, and a study on temporomandibular joint morphology; and Orthotype Ivoclar Vivadent molds based on tooth forms sculpted by master dental technician Eugene Schlaich.

The bio-functional prosthetic system Dentures can be defined as "a system consisting of a series of steps from impression taking, bite registration, setup of denture teeth, polymerization and finishing to delivery that are carried out according to the clearly defined BPS procedures, using Ivoclar Vivadent's devices and materials, with the ultimate goal of a happy patient"

The system combines standardized impression-taking techniques with an original approach of capturing the relationship between the maxilla and mandible, the arrangement of the teeth, and denture production, all while requiring a minimum number of patient's visit. The functional composition of the patient is used to manage border moulding and impression making, resulting in denture bases that are incredibly comfortable to wear. Since it is founded on a multidisciplinary effort and methodical approach, this technique delivers optimum form, function, and aesthetics in complete denture prosthesis. Also provides a uniform distribution of the occlusal forces and minimizes the resorption of residual ridge.

In view of these advantages, we conducted a systematic review with the goal of critically analyzing the benefits of Biofunctional prosthetic systems in comparison to Conventional complete dentures based on retention, stability, aesthetic and overall satisfaction of the patient.

## **Research Question**

Patient Satisfaction on Receiving Bio-functional Prosthetic System (BPS) Denture verses Conventional Complete Denture based on retention, stability, aesthetic, and overall satisfaction of the patient.

The criteria for admittance in the systematic review were based on PICO criteria.

## PICO criteria

- (P) Patients: Edentulous patient globally
- (I) Intervention: Treatment done with BPS dentures and conventional complete Dentures
- (C) Comparison BPS complete denture verses Conventional Complete Denture
- **(O) Outcomes**: BPS Dentures are better than Conventional Complete Denture based on Retention, Stability, Aesthetic overall satisfaction of the patient.

# Methodology

## Eligibility criteria

The inclusion criteria for admittance in the systematic review is based on the type of study, namely, clinical studies on humans, assessing

- Comparison between patient overall Satisfaction on Receiving Bio-functional Prosthetic System Complete Denture and Conventional Complete Denture by means of questionnaires/interviews.
- Comparison between Patient Satisfaction on Receiving Bio-functional Prosthetic System Complete Denture and Conventional Complete Denture based on retention, mastication, aesthetic, speech by means of questionnaires/interviews.

The exclusion criteria were based on the following:

- Studies that did not meet the minimum criteria for Systematic review
- Interventional studies, laboratory research, abstracts, case reports, protocols, personal opinions, letters and posters, review of literature

- c. Full-text not available
- d. Non-English studies

#### **Information Sources**

A systematic search in the National Library of Medicine's PubMed Database, Google Scholar, EBSCO and Pro Quest, Research Gate was performed to identify all peer-reviewed articles in the English literature dealing with overall Satisfaction on Receiving Biofunctional Prosthetic System Complete Denture and Conventional Complete Denture according to the search strategy described in the following sections.

## **Search Strategy**

A literature search was performed using the "Biofunctional prosthetic system" OR "Complete denture prosthesis" AND "Dental", "Full mouth rehabilitation" AND "BPS" "Case Report, Case Series, Clinical Study, Clinical Trial, "OR "Esthetics", "BPS denture", OR "All Metadata" "Biofunctional prosthetic system". The search was limited to articles on adult edentulous populations in the English language published later than 2000.

The search string was ("Biofunctional Prosthetic System Complete Denture" [Mesh] OR BPS [text word] OR Biofunctional Prosthetic System [text word] OR Complete Denture [text word] OR Biogenic)

**AND** 

Conventional Complete Denture [text word] OR Removable Dental Prosthesis

**AND** 

Patient Satisfaction [text word] OR Overall Satisfaction [text word]

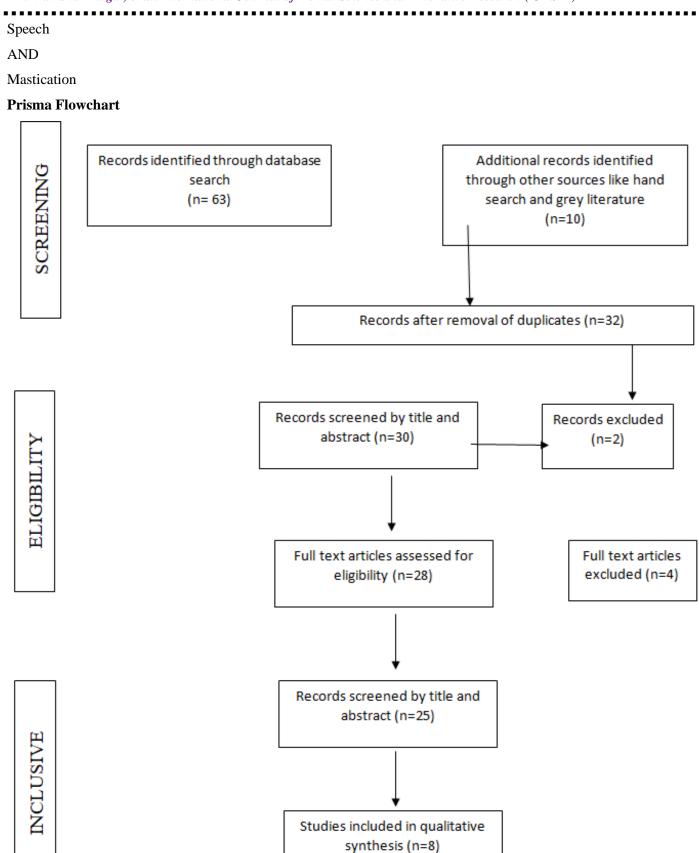
**AND** 

Retention

**AND** 

Aesthetic

**AND** 



# Results

Author & year	Type of	Population	Intervention	Control Or	Outcome	Conclusion
	Study			Comparison		
Kasabwala,	Case	. The database	The patients	Previously	The results of	The patients
2020	Control	of 86000	were asked	complete	this study	using BPS
	study	patient	to report their	denture wearers	indicated that,	complete
		records were	satisfaction	with currently	All the	dentures had a
		analyzed and	levels and	BPS complete	patients	much better
		patient	quality of life	denture wearers	preferred BPS	quality of life.
		information	on a VAS scale		complete	The
		was collected.	and in an		dentures to be	patient
		Sample size of	abbreviated		preferable as a	satisfaction levels
		20 patients who	version of		long-term	in case of BPS
		were initially	the Oral		prosthesis by	complete
		provided with	Health-Related		all	dentures were
		conventionally	Quality of Life		means.	much higher as
		fabricated	[OHIP-EDENT			compared to that
		complete	]			of
		dentures	questionnaire,			conventional
		followed by	specifically			dentures
		BPS complete	designed for			suggesting that
		dentures were	edentulous			they can be
		selected	patients.			a good alternative
						to usually made
						conventional
						complete
						dentures
Matsuda 2015	Pilot	the	To maintain the	Complete	Nine out of 10	the BPS
	control	sample size	"blind" nature	denture wearers	patients chose	produced
	study	was limited to	of the trial,	with currently	to keep the	high-quality
		10 participants	patients were	BPS complete	BPSCD rather	complete
			not	denture wearers	than the CCD,	dentures with
			informed about		with one	satisfactory
			the type of		patient	results and was
			dentures they		choosing the	just as efficient

-				<del> </del>			<del> </del>	•
			had received or		CCD for purely	as	conventional	
			about the		esthetic	proc	edures.	
			differences		reasons.			
			between the					
			two types. The					
			patients were					
			asked to report					
			their					
			satisfaction					
			levels in an					
			abbreviated					
			version of the					
			Oral					
			Health-Related					
			Quality of Life					
			questionnaire,					
			using Oral					
			Health Impact					
			Profile for					
			edentulous					
			subjects					
			[OHIP-EDENT					
			])					
	1	1	1			1		1

Author & year	Type of	Population	Intervention	Control Or	Outcome	Conclusion
	Study			Comparison		
Wiśniewski201	Case	Thirty	In the first	method of	At the end of	generation of
6	control	edentulous	stage,	construction of	three-month	larger occlusal
	study	women aged	conventional	full prostheses	follow-up,	forces with
		65–80 years	denture was	affects the	Conventional	Biofunctional
		with	given for three	magnitude and	denture	prostheses
		unfavorable	months,	symmetry of	produced an	indicates that
		prosthetic base	followed by	the occlusal	the average	they have good
		conditions	giving BPD	forces that	occlusal	retention to the
		were included	denture later.	are generated	force was 91.12	prosthetic and a

in the study	and to study the	N (and the	symmetrical
	dynamics of	range 35.3-	distribution of
	changes in	188.6 N)	occlusal forces
	the occlusal	at the right	over the occlusal
	forces that	molars, and	surface and a
	occur when	75.96 N (17.5–	systematic
	using	168.9 N)	increase in
	prostheses	at the left	occlusal forces
	made according	molars	can show that the
	to the	Whereas, BPS	prosthesis is
	Biofunctional	produced an	creating
	system.	average of	favorable
		118.82 N	biomechanical
		(70.7–150.1 N)	conditions for
		at the right	muscle activity
		molars and	base.
		117.59 N	
		(84.5–150.1 N)	
		at the left	
		molars.	

Xhajanka	Clinical	245 patients of	Patients were	conventional	It was achieved	BPS more
2017	trial	different age,	divided our	dentures and	a higher	efficient than
		between 35-50	patients into 2	verses Bio	stability of the	conventional
		years old, 50-	groups:	functional	denture in	denture
		65 years old	In the first	dentures	function and	in every aspect.
		and	group were	in terms of	resting	
		above 65 years	included 133	stability,	condition in	
		old (average	patients,	function,	86.4% of the	
		age:57 years	wearing bio	achievement of	cases,	
		old).	function-al	balanced	compared to	
			prosthesis in	occlusion,	60% in	
			bilateral	strength,	conventional	
			balanced	mechanical	denture cases	
			occlusion.	resistance,		

• •								•
				In the second	decubitus, sore			
				group were	and aesthetics			
				included 112				
				patients				
				wearing				
				conventiona-l				
				full dentures in				
				unilateral				
				balanced				
				occlusion. And				
				were observed				
				in 7 years long				
				period.				
	Baskaran,	Case	100 patients, 50	A questionnaire	Complete	Results showed	This	
	2015	control	patients who	was filled by	denture wearers	that overall	study showed	
		study	received	the patient.	with currently	satisfaction,	that the	
			conventional	they were	BPS complete	58% of the	biofunctional	
			complete	grouped based	denture wearers	patients with	prosthetic system	
			denture and 50	on the scale of		BPS denture	complete denture	
			patients who	very satisfied,		and 28% of	is better than the	
			received	satisfied,		the patients	conventional	
			biofunctional	average, not		with the	complete	
			prosthetic	satisfied, not at		conventional	denture in every	
			system (BPS)	all satisfied for		denture were	respect from a	
			complete	different		very	patient's point of	
			denture. were	parameters		satisfied with	view and a	
			randomly	such		the denture	biofunctional	
			selected from	as i) retention,			prosthetic	
			the	ii) aesthetics,			system complete	
			outpatient	iii) speech, iv)			denture can be	
			section of a	mastication,			recommende-d as	
			private dental	v) finishing of			a viable	
			college	the denture,			option	
			hospital.	and vi) overall				
				satisfaction for				-
				maxillary and				ì

		••••••••••••••••••••••••••••••••••••••	mandibular	<u></u>		•••••••• <u>•</u>
			dentures			
Gopal T.M, R	Retrospect	The study	The data was	Outcome	According to	The overall
S (2020):	ive	included 45	collected, and	variables	reviewers	aesthetic outcome
	photograp	BPS dentures	photographic	assessed were	62.2% of	of complete
	hic study	wearer	analysis was	correlation	patients' smiles	denture
		reviewed from	done for all the	between	were attractive.	constructed with
		the patients	cases in the	intercanine		a biofunctional
		records and	above-	width and		prosthetic system
		analyzed the	mentioned time	interalar		conducted in
		data of 86,000	period by 2	width, smile		private university
		patient that	reviewers	line, exposure		setup was upto
		were		of teeth, shape		the mark
		documented in		of teeth used		
		a private				
		institute				
		Inclusion				
		Criteria:				
		Patients for				
		whom BPS				
		denture was				
		fabricated, age				
		within 25 to 50				
		years, both				
		male and				
		female				
Chandrakal V,	Case	92 patients	details of post	Complete	Patients	It was found that
Deepmala	control	grouped into	insertion	denture wearers	wearing CCDs	patients wearing
S(2018)	study	two, wearing	problems at	with currently	had more	complete
		CCDs and BPS	each visit were	BPS complete	problems in	dentures
		dentures, with	recorded by	denture wearers	first and second	experienced
		an age range	asking		appointments	different
		between	questions		and needed	postinsertion
		45 and 87	which followed		corrections in	problems. Most
		years. Group I	standard		mandibular	common
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			had 44 patients	questionnaire,		arch frequently	problems
			wearing CCDs			compared with	experienced by
			and group II			maxillary.	patients
			had 48 patients				were pain and
			wearing BPS				discomfort,
			dentures				difficulty with
							eating, looseness,
							and esthetics of
							CCDs compared
							with BPS
							dentures
	Kumar. A,	Retrospect	466 edentulous	Extraoral	Three facial	The results of	BPS shows better
	Venugopalan	ive study	patients	feature of	features were	this study	postoperative
	S, Dharman S		undergoing	complete	taken into	showed,	aesthetic results
	2020		complete	denture patients	consideration	nasolabial fold	compared to that
			denture	undergone	for the study	post operative	of the pre op than
			treatments with	either BPS or	both pre op and	is not so	the conventional
			no particular	conventional	post operative	prominent in	complete denture
			age limit	technique	as follows and	BPS (58.8%) -	
				denture	measured	compared to	
				construction	accordingly:	conventional	
					nasolabial fold	method.	
					, Adequate lip	(p<0.05	
					support, Facial	significant).	
					wrinkles in	The facial	
					patients	wrinkles	
					wearing	measured only	
					conventional	on lower 2/3rd	
					complete	as the complete	
					denture vs BPS	denture showed	
					complete	facial change	
					denture	on which BPS	
						(60.8%) and	
						conventional	
						method	
						(p>0.05	
	ı	i e	i l			i	

			Insignificant).	
			Post operative	
			of adequate lip	
			support in BPS	
			(88.2%)	
			conventional	
			method (p	
			value < 0.05	
			significant)	

## **Discussion**

Traditional complete dentures have been regarded as useful and cost-efficient treatment option for significant number of edentulous patients. However, success of complete denture treatment outcome remains unpredictable due to post-insertion pain, discomfort, denture sores and loss of retention and stability of the prosthesis.7 For a dentist, efficient mastication, good aesthetics, speech, and ease of wearing the denture for the patient have been the main concern. Treatment to be a success, not only operator's objectives have to be met with, but most importantly, the patient must be satisfied<sup>1</sup> As a result of these difficulties, the Bio functional prosthetic system currently emphasizes the idea of a bilaterally symmetrical occlusion with improved shape, function, and aesthetics in a shorter treatment period than the traditional one.<sup>20</sup>

The application of specific impression materials, face bow transfers, articulators, teeth, and denture-base materials makes BPS a preferred procedure in the field of complete denture prosthodontics. The Biofunctional Prosthetic system is the innovative available approach, which prioritizes the principles of bilateral balanced articulation. The system also employs a combination of standardized impression making procedures, a unique method of recording maxillomandibular relationship, teeth arrangement, and denture fabrication, with minimal number of patient's visits. The border molding and impression making is controlled by the patient's functional composition, hence yielding denture bases that are extremely comfortable in use. This technique is ideal since it is based on multidisciplinary effort and methodical approach. The BPS system made by Ivoclar Vivadent (Liechtenstein) is also utilised in maxillary and mandibular reconstructive surgeries for implant-supported over dentures in addition to removable complete dentures.

In addition to the benefits of technique, many dentists are aware of the significance of psychological factors in patients' rejection of technically sound dental prostheses. Out of many, one of the few controlled investigations of this problem was conducted by Lefer, Pleasure, and Rosenthal They demonstrated that patients "involved" in selecting dentures which were esthetically pleasing to them had fewer complaints, less correction visits, and fewer denture rejections than had a group of "noninvolved" control patients. These results can be interpreted in at least two ways. The first is that patients respond better to their dentures when their dentist takes a "nonauthoritarian" approach and lets them choose their

own set of dentures. The second is that the patient responds more favorably when he is given those dentures which are most esthetically pleasing to him.

Recent publications also include reports on the application of BPS in preventative prosthodontics for tooth-supported overdentures.<sup>3</sup>

Baskaran et al conducted a comparative study to evaluate the relationship between patient satisfaction with the newly constructed prostheses using Biofunctional and conventional technique, on patient's satisfaction based on questionnaire survey of various aspects ranging from retention and aesthetics to thickness and smoothness of the denture, revealing very satisfactory response level using BPS denture.

Matsuda KI et al did a crossover trial to evaluate clinical acceptability of BPS over conventional complete dentures, which showed high quality complete dentures in terms of occlusal feel, comfort, esthetics, and retention with satisfactory results. The Oral Health Impact Profile for edentulous subjects, Japanese version (OHIP-EDENT-J) also revealed complete absence of pain, psychological discomfort, functional difficulties including speech and mastication. BPS complete dentures have great retention because the lingual flanges are designed to allow for the typical movements of the tongue and the surrounding muscular forces are in equilibrium.

Cunha et al. reported that BPS method for complete denture fabrication can restore the masticatory function to a level comparable to that of a conventional protocol, both physiologically and according to the patient's perceptions<sup>22</sup>.

Gopal et al, conducted a retrospective photographic study, to evaluate the overall aesthetic outcome of complete denture constructed with a Biofunctional prosthetic system which also included determinants like comfort and function, concluding that complete dentures made with a Biofunctional prosthetic system produced an overall pleasing esthetic result.

It can be put forward that Biofunctional prosthetic system, a novel technique is superior to the conventional complete denture in esthetics, form, function, and comfort from a patient's perspective and increased patients Oral Health Quality of Life (OHQoL). It is also noted that dental practitioners with a small amount of clinical training can quickly produce complete dentures and satisfactory results with this method.

Although the advantage of BPS conventional denture in each term is considered far more efficient than conventional denture in every aspect, optimally fulfilling the aesthetic, functional and phonetic demand of the patient, it is exceptionally technique sensitive, requires additional investment and needs special skills and training to achieve the goal.

# **Summary & Conclusion**

Patient's management requires satisfaction with the quality of work done by the dentist, but the success of the treatment is greatly determined by the amount of patient satisfaction. Therefore, patient satisfaction assessment should be a routine part of any dental practice after the treatment is complete. This helps in constant improvement in the quality of services provided.

From the studies included, it can be concluded that Bio functional prosthetic system is a novel technique and is superior to the conventional complete denture in esthetics, form, function, and comfort from a patient's perspective. It is designed in such a manner that reduces cases of pressure sores, stomatitis, and oral candidiasis. Due to bilateral balanced occlusion, it achieves a higher stability of the denture in function and resting condition

and decelerated the slowed down the resorption process in comparison to ridge atrophy in Conventional dentures. The results achieved in the process can be sustained in to the following index:

- Subjective Data Evidence
- Clinical Data Evidence
- Adjacent Results

**Subjective Data** are those gathered directly from patients, who state that Biofunctional Prosthesis' adjustment process is quicker.

Clinical Data Evidence: Based on continuous patient monitoring, it is possible to assess the patient's adaptation to both types of dentures, chewing process, functional stability, decubitus, aesthetics, phonetics, etc.

**Adjacent results**: On observation of patients from the implementation period to recalls. The number of adjustments, in terms of stability during mastication, phonetic and rest, was lesser in Biofunctional Prosthesis than in conventional Dentures.

Hence, completely edentulous patients, a Bio functional prosthetic system complete denture can be advocated as a viable option.

Additionally, dental professionals with little to no clinical experience can use this technique to efficiently make complete dentures with acceptable outcomes.

Therefore, workshops and trainings for the construction of Bio Functional Prosthetic System Denture should be undertaken for clinicians in the field of advanced complete denture fabrication techniques.

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