

**Effects of calcium hydroxide paste in different vehicles on bacterial reduction during treatment of teeth with apical periodontitis**

<sup>1</sup>Sohail Yasin, Senior Lecturer, Department of Conservative Dentistry and Endodontics, Vyadehi Institute of Dental Sciences and Research Center, Bangalore.

<sup>2</sup>Ankita Khushiramani, Department of Periodontology and Implantology, Maharan Pratap College of Dentistry and Research Center, Gwalior.

**Corresponding Author:** Sohail Yasin, Senior Lecturer, Department of Conservative Dentistry and Endodontics, Vyadehi Institute of Dental Sciences and Research Center, Bangalore.

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**Conflicts of Interest:** Nil

**Abstract**

**Objective:** Calcium hydroxide,  $\text{Ca}(\text{OH})_2$ , is a common intracanal medicament.  $\text{Ca}(\text{OH})_2$  powder can be mixed with different vehicles and used as a paste for temporary intracanal treatment. The vehicle may influence the dissociation of calcium hydroxide into ions. We sought to evaluate the level of pH and to quantitatively estimate the release of proteins, hydroxyproline, and phosphorus from pieces of radicular dentin kept in different  $\text{Ca}(\text{OH})_2$  solutions.

**Study design:** Twenty-eight extracted incisors were maintained for 35 days in  $\text{Ca}(\text{OH})_2$  aqueous solutions prepared in chlorhexidine digluconate, propylene glycol (PG), anesthetic solution, camphorated monochlorophenol (CMCP), and CMCP-PG. The control solution contained  $\text{Ca}(\text{OH})_2$  without vehicle.

**Results:** The pH values changed little during the experiment. The concentrations of proteins, hydroxyproline, and phosphorus rose for all the solutions under study. Statistical analysis of the data from the control and the experimental groups revealed an increase in the concentration of proteins when chlorhexidine, anesthetic solution, and PG were used; a rise in hydroxyproline levels when CMCP-PG, CMCP, and PG solutions were used; and an increase in phosphorus when PG and chlorhexidine vehicles were used.

**Conclusion:** The test solutions with the root dentin remained alkaline. A release of proteins, hydroxyproline, and phosphorus was observed.

**Keywords:** Calcium hydroxide, Propylene Glycol, proteins, hydroxyproline.

## Introduction

Endodontics is the prevention or treatment of apical periodontitis. Endodontic research has shown a cause-and-effect relationship between bacteria and apical periodontitis<sup>1,2</sup>. Because bacteria are the cause of apical periodontitis, it is logical that the elimination of bacteria would cure apical periodontitis. A tooth without periapical radiolucency has a higher endodontic success rate upon treatment than a tooth with a radiolucency.<sup>3,4</sup> Likewise, teeth that are obturated after a negative culture have a better prognosis than those obturated following a positive culture.<sup>5,6</sup> Although there is substantial evidence that a negative culture does not equate to bacteria free<sup>7,8</sup>, there is a threshold level of bacteria below that gives a negative sample and a success rate similar to teeth treated without apical periodontitis. The current technique for bacterial reduction includes instrumentation, irrigation and an intracanal antimicrobial medication. Bystrom et al<sup>6</sup>. showed that each step leads to less bacteria and eventually a canal that does not sample bacteria. In a 5 yr follow-up study, root canal samples that gave a negative culture following these steps were recalled to evaluate healing. Ninety-five percent of these cases showed complete radiographic healing or a decrease in the radiolucency size.<sup>10</sup>

It has recently been demonstrated that non-setting Ca(OH)<sub>2</sub> pastes inserted into root canals can dissociate and Ca<sup>2+</sup> diffuses through dentin and reaches the root surface.<sup>10</sup> A considerable increase in Ca<sup>2+</sup> concentration was observed in the surrounding media. This increase was directly related to the duration of the test. However, no increase in the pH of the surrounding media and a nonsignificant reduction during the test period were observed. Consequently, non-setting Ca(OH)<sub>2</sub> pastes released Ca<sup>2+</sup> through root dentin but did not increase the pH of the media, which indicates that OH<sup>-</sup> did not diffuse

out of the dentin. The permeability and buffering capacity of dentin are key factors affecting the diffusion of OH<sup>-</sup> through root dentin and could explain these findings.<sup>10</sup>

Regrettably, there aren't many research discussing potential changes to dentin's chemical makeup following the use of Ca(OH)<sub>2</sub> pastes in root canal therapy. In this work, we quantitatively assessed the in vitro release of proteins, hydroxyproline, and phosphorus from dentin fragments submerged in Ca(OH)<sub>2</sub> solutions that were combined with various carriers and exposed to varying times. Additionally, the pH was assessed. To enable the determination of pH and chemical constituent concentration, this in vitro model uses a concentrated solution rather than a Ca(OH)<sub>2</sub> paste.

## Methodology

For this investigation, twenty-eight freshly excised maxillary incisors with single canals were chosen. We looked for cracks or fractures in the teeth. Gauze was used to get rid of the remaining soft tissue, and tap and distilled water were used to clean the teeth. Once used, they were kept in storage at -15°C. 7-8 and 11-12 Greys curettes (Hu-Friedy, Chicago, Ill.) were used to remove the cementum. At the cemento-enamel junction, a high-speed handpiece with a water spray was used to remove the dental crown. Using files (for necrotic pulp) or barbed broaches (for vital pulp), the remaining pulp tissue in the canal was extracted. By inserting a No. 15 K-file until it was visible at the apex and then deducting 1 mm from this length, the working length of the root was ascertained. A step-back technique<sup>11</sup> was used to instrument the canal up to a No. 60 apical master file. Following each instrumentation, 1 mL of distilled water was used to irrigate the root canal.

## Solutions

Because  $\text{Ca(OH)}_2$  is usually used as a paste, it was necessary to prepare the test solutions so that they were of a more fluid consistency for pH measurements and chemical analysis. Therefore, the following test solutions were prepared in distilled water by mixing them with  $\text{Ca(OH)}_2$  to a final concentration of 0.1 mol/L:

1. Chlorhexidine digluconate to a final concentration of 0.07% (ICN Biomedicals Inc, Aurora, Ohio)
2. PG to a final concentration of 7.9 mmol/L (Anedra Lab, Buenos Aires, Argentina)
3. Carticainechlorhydrate to a final concentration of 0.05% (anesthetic solution: Totalcaina Forte 4%; Microsules-Bernabo S.A. Lab, Buenos Aires, Argentina)
4. CMCP to a final concentration of 20 mmol/L (Farmadental Lab, Buenos Aires, Argentina)
5. CMCP to a final concentration of 20 mmol/L combined with PG to a final concentration of 7.9 mmol/L
6. Distilled water and an aqueous mixture of 0.1 mol/L  $\text{Ca(OH)}_2$  was used as the control.

## Determinations

A digital pH metre (Broadley-Yames Corp., Irvine, CA) was used to measure pH in small amounts (sensitivity, 0.01 pH units). Prior to use, the metre was calibrated to pH levels of 7 and 4 using standard buffer solutions. The electrode was submerged in a 10- $\mu\text{L}$  sample on a slide for ten seconds in order to determine pH. Between readings, the electrode was cleaned with distilled water and dried with a cloth.  $\text{Ca(OH)}_2$  solutions with or without vehicles as well as vehicle solutions alone were subjected to pH assessments. To ascertain the total proteins in each solution—aside from those containing CMCP, which tampers with the Folin reagent—we applied the Lowry method<sup>12</sup> to a 50- $\mu\text{L}$  sample. The

Bradford method<sup>13</sup> was applied to the same sample volume in this instance. The hydroxyproline level was determined by using the method of Jammal et al<sup>14</sup> on a 50- $\mu\text{L}$  sample. Phosphorus was quantified by using the phosphomolybdate method on a 10- $\mu\text{L}$  sample; to that end, a commercial kit (Wiener Lab, Rosario, Argentina) was used. Interferences between  $\text{Ca(OH)}_2$  and vehicles with colorimetric reagents were also considered.

## Experimental design

To improve contact with the  $\text{Ca(OH)}_2$  solutions, the root dentin was split into three sections. Each of these identical tooth fragments was weighed before being combined into a clean Eppendorf tube. Each of the tubes holding the three pieces of root dentin had one of the following added to it: 1.4 mL of either the  $\text{Ca(OH)}_2$  aqueous solution (control), the  $\text{Ca(OH)}_2$  solution with various vehicles, or deionized water devoid of both  $\text{Ca(OH)}_2$  and vehicles. Every component remained completely submerged in the solutions. Every experiment was run through four times. To stop light-induced chemical changes, tubes were maintained in complete darkness at 37°C. At days 0, 1, 3, 5, 7, 14, 21, and 35, samples were collected. To maintain a constant overall volume, each time, 300  $\mu\text{L}$  was extracted with a micropipette and 300  $\mu\text{L}$  of the same fresh solution was added.

## Calculation

In terms of the weight of each piece of root, the results for total proteins were expressed in milligrams per millilitre per gram, and the results for hydroxyproline and phosphorus in milligrams per decilitre per gram. All the chemical determinations were recalculated with respect to the replacement of 300  $\mu\text{L}$  of solution for each period of time.

The values, if any, for the tubes with distilled water without  $\text{Ca(OH)}_2$  or vehicles were subtracted from the

corresponding solutions of  $\text{Ca}(\text{OH})_2$  (control) and  $\text{Ca}(\text{OH})_2$  with vehicles 1-5 (listed in the Solutions subsection).

### Statistics

pH values were statistically evaluated by using analysis of variance for repeated measures and the Dunnett T3 multiple-range test. The results for proteins, hydroxyproline, and phosphorus were also evaluated by using analysis of variance for repeated measures and by regression analysis. Statistical significance was set at  $P < 0.05$ .

### Results

The average of 3 measurements of pH values recorded for each of the vehicles was 7.13 for distilled water, 6.60 for chlorhexidine, 5.30 for PG, 3.47 for the anesthetic solution, 6.61 for CMCP, and 5.49 for CMCP-PG.

Table 1 shows the mean and standard error values for the pH, total proteins, hydroxyproline, and phosphorus determinations of each  $\text{Ca}(\text{OH})_2$  solution with vehicles through the experiment. Control solutions of 0.1 mol/L  $\text{Ca}(\text{OH})_2$  had an average pH value of 12.09, whereas the pH values of the different  $\text{Ca}(\text{OH})_2$  solutions added to vehicles were 11.07 for chlorhexidine, 12.47 for PG, 12.36 for the anesthetic solution, 11.55 for CMCP, and 11.57 for CMCP-PG. The amount of protein release was higher when anesthetic solution and chlorhexidine were used, reaching values close to 2 mg/mL/g. PG, CMCP, and CMCP-PG had higher hydroxyproline values at all recorded intervals, reaching more than 3 mg/dL/g at the 35 day. The highest phosphorus release was with PG, with a maximum value of 56 mg/dL/g at the end of the experiment.

The Figure illustrates variations in the times of these mean values. All the groups maintained their alkalinity up to 35 days. PG solutions had higher pH values than did the other solutions at all intervals (Figure, A). The statistical analyses revealed no significant differences for each of the solutions through the times, but differences exist between them, except for CMCP versus CMCP-PG. Statistically significant differences were also observed between all solutions in comparison with the controls.

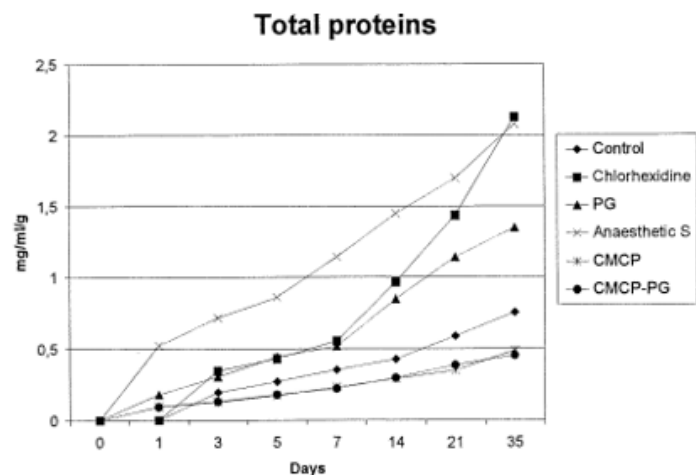
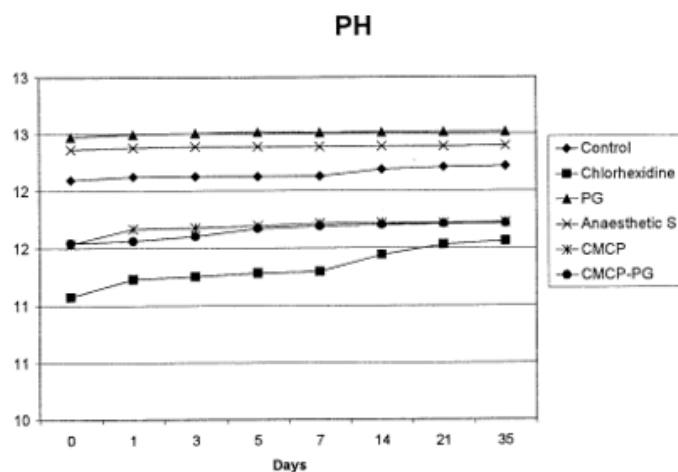
Table 2 shows the statistical results of the chemical content increase per day of each of the  $\text{Ca}(\text{OH})_2$  solutions. The proteins hydroxyproline and phosphorus were not detected at the onset of the experiment. All the solutions had a proteins release (Figure, B). The increase in proteins for  $\text{Ca}(\text{OH})_2$  with chlorhexidine, anesthetic solutions, and PG was statistically significant in comparison with that of the control; however, in solutions containing CMCP and CMCP-PG, the increase was not statistically significant.

In the cases in which hydroxyproline was evaluated, the solutions had a gradual increase in concentration (Figure, C).  $\text{Ca}(\text{OH})_2$  with CMCP-PG, CMCP, and PG had a statistically significant increase in comparison with the control group; however, in the case of chlorhexidine and anesthetic solutions (Table II), the increase was not statistically significant. A gradual and significant increase in phosphorus was also observed (Figure, D). All the groups, with the exception of  $\text{Ca}(\text{OH})_2$  combined with PG and chlorhexidine, experienced a smaller increase than the control values Table 2. The differences were statistically significant only for these 2 groups.

Table1 : Mean and SE of 4 determinations for pH, total proteins (mg/mL/g), hydroxyproline (mg/dL/g), and phosphorus (mg/dL/g)

Solutions	Time (d)	pH (mean±SE)	Total Proteins (mean±SE)	Hydroxyproline (mean±SE)	Phosphorus (mean±SE)
Control Ca(OH) <sub>2</sub> + distilled water	0	12.09±0.026	0.000 ±0.000	0.000±0.000	0.000 ±0.000
	1	12.12±0.014	0.000 ±0.000	0.122±0.034	0.240 ±0.074
	3	12.12±0.012	0.194 ±0.005	0.198±0.008	1.964 ±0.064
	5	12.12±0.008	0.272 ±0.013	0.284±0.010	3.143 ±0.090
	7	12.12±0.012	0.354 ±0.073	0.351±0.031	3.873 ±1.358
	14	12.18±0.003	0.429 ±0.038	0.527±0.008	15.144 ±2.134
	21	12.20±0.003	0.591 ±0.061	0.642±0.021	24.866 ±3.757
	35	12.21±0.003	0.758 ±0.049	0.849±0.034	40.530 ±2.588
Ca(OH) <sub>2</sub> + chlorhexidine	0	11.07±0.049	0.000 ±0.000	0.000±0.000	0.000 ±0.000
	1	11.22±0.036	0.000 ±0.000	0.000±0.000	2.137 ±0.380
	3	11.25±0.034	0.345 ±0.017	0.114±0.008	3.106 ±0.123
	5	11.28±0.036	0.434 ±0.020	0.201±0.007	4.817 ±0.078
	7	11.29±0.041	0.558 ±0.066	0.262±0.031	5.502 ±0.268
	14	11.43±0.036	0.969 ±0.041	0.466±0.033	9.335 ±0.522
	21	11.53±0.010	1.436 ±0.088	0.770±0.047	14.861 ±1.049
	35	11.55±0.002	2.127 ±0.134	1.145±0.046	33.283 ±0.724
Ca(OH) <sub>2</sub> + PG	0	12.47±0.017	0.000 ±0.000	0.000±0.000	0.000 ±0.000
	1	12.49±0.002	0.180 ±0.041	0.380±0.040	2.481 ±0.391
	3	12.50±0.005	0.303 ±0.055	0.557±0.041	5.247 ±0.565
	5	12.51±0.006	0.444 ±0.032	0.714±0.052	18.948 ±2.482
	7	12.51±0.007	0.519 ±0.035	0.959±0.088	27.999 ±2.966
	14	12.51±0.007	0.851 ±0.051	1.365±0.108	38.581 ±3.978
	21	12.51±0.006	1.140 ±0.045	1.978±0.206	47.797 ±4.793
	35	12.51±0.004	1.349 ±0.081	2.353±0.232	56.290 ±4.619
Ca(OH) <sub>2</sub> +anesthetics solution	0	12.36±0.004	0.000 ±0.000	0.000±0.000	0.000 ±0.000
	1	12.37±0.007	0.524 ±0.034	0.048±0.010	0.479 ±0.119
	3	12.38±0.005	0.861 ±0.051	0.356±0.024	4.042 ±0.283
	5	12.38±0.005	1.036 ±0.098	0.455±0.057	5.862 ±0.772

	7	12.38±0.002	1.140 ±0.025	0.497±0.035	6.911 ±0.331
	14	12.38±0.002	1.447 ±0.046	0.586±0.026	9.168 ±0.452
	21	12.38±0.002	1.693 ±0.055	0.761±0.050	12.118 ±0.562
	35	12.39±0.002	2.075 ±0.058	1.152±0.023	17.585 ±0.280
Ca(OH) <sub>2</sub> + CMCP	0	11.55±0.006	0.000 ±0.000	0.000±0.000	0.000 ±0.000
	1	11.66±0.011	0.092 ±0.015	0.204±0.037	0.772 ±0.025
	3	11.67±0.006	0.128 ±0.011	0.483±0.111	1.562 ±0.134
	5	11.69±0.007	0.173 ±0.013	1.035±0.153	2.607 ±0.212
	7	11.71±0.010	0.234 ±0.027	1.459±0.158	3.812 ±0.374
	14	11.71±0.010	0.288 ±0.036	1.955±0.097	4.824 ±0.341
	21	11.71±0.010	0.352 ±0.039	2.308±0.105	7.566 ±0.325
	35	11.72±0.008	0.491 ±0.060	3.125±0.317	10.747 ±0.666
Ca(OH) <sub>2</sub> +CMCP+PG	0	11.57±0.017	0.000 ±0.000	0.000±0.000	0.000 ±0.000
	1	11.57±0.028	0.094 ±0.010	0.293±0.021	4.250 ±0.190
	3	11.60±0.048	0.130 ±0.014	0.885±0.138	5.543 ±0.398
	5	11.67±0.010	0.180 ±0.021	1.198±0.099	8.322 ±0.172
	7	11.69±0.012	0.220 ±0.028	1.647±0.122	9.974 ±0.211
	14	11.70±0.011	0.299 ±0.024	2.351±0.139	11.510 ±0.421
	21	11.71±0.012	0.389 ±0.033	2.830±0.175	13.561 ±0.356
	35	11.71±0.010	0.457 ±0.035	3.367±0.275	16.564 ±0.878



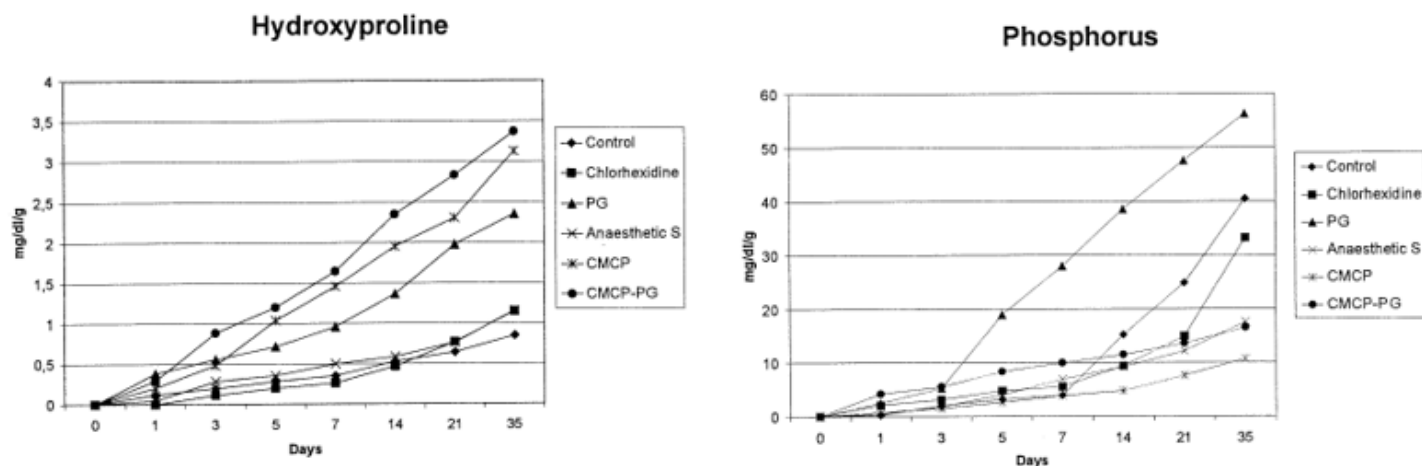


Figure 1: Means of 4 determinations performed with the various solutions, in which pieces of root dentin were kept for 35 days. A, pH; B, total proteins; C, hydroxyproline; D, phosphorus

Table 2: Regression analysis of chemical determinations of  $\text{Ca}(\text{OH})_2$  with the addition of different vehicles

$\text{Ca}(\text{OH})_2$ + vehicles	Total protein increase perd(mg/mL/g)	Hydroxyproline increa seperd (mg/dL/g)	Phosphorusincrease perd(mg/dL/g)
Control	0.008687	0.017555	0.362520
Chlorhexidine	0.061386*	0.033620	0.909781*
PG	0.034327*	0.058029*	1.453130*
Anestheticsolution	0.042614*	0.0187561	0.358178
CMCP	0.010943	0.078292*	0.284187
CMCP+PG	0.010379	0.084018*	0.328448
*Statistical significance set at $P < .05$ .			

## Discussion

Strongly alkaline  $\text{Ca}(\text{OH})_2$  is a chemical that is commonly used as an intracanal medication in various forms. It is crucial to ascertain whether the dentin may undergo a chemical change of some kind. As instrumentation time passes, the paste's composition could likewise change. On root dentin, the effects of solutions made with  $\text{Ca}(\text{OH})_2$  and various vehicles were assessed.

$\text{Ca}(\text{OH})_2$  solutions' pH levels did not change over time, even when automobiles were present. Nonetheless, chemical substances from the root dentin were found.

According to tests using tryptophane and tyrosine (the Lowry method) or alanine (the Bradford method), the protein level of each solution increased over time. The concentration of collagen, evaluated as hydroxyproline, also rose in the surrounding solutions—although in a lower concentration than total proteins, suggesting hat proteins other than collagen can be detected and could reveal a different behavior the presence of vehicles. The  $\text{Ca}(\text{OH})_2$  solution in this in vitro model also attracts phosphorus and forms soluble, detect able calciumphosphates.



The addition of vehicles (except for chlorhexidine and PG) seems to prevent dentin phosphorus release. The vehicles may form a protective film on hydroxyapatite crystals or combine with  $\text{Ca(OH)}_2$ , thus reducing the attractive action on inorganic dentin components. The vehicles could affect  $\text{Ca(OH)}_2$  behavior in a different way. Anesthetic solutions, with or without vasoconstrictors, have been used as a vehicle of the paste because these solutions are readily available, sterile, and easy to handle. Most of these solutions have an acidic pH. However, the final paste, prepared by mixing the vehicle with the  $\text{Ca(OH)}_2$  powder, has a high pH that is maintained over time and promotes rapid ionic release.<sup>11</sup>

A clear, colourless, and odourless liquid, PG has a distinct flavour similar to glycerin. The reason for its extensive use in endodontics as a delivery system for intracanal medications is its potent antibacterial activity against microorganisms often present in infected root canals.<sup>11</sup> This ingredient also has the benefit of consistency, which enhances the paste's hand-holding properties. For  $\text{Ca(OH)}_2$  preparation, PG is the ideal vehicle, according to Simon et al. 8. Frank proposed the use of  $\text{Ca(OH)}_2$  and CMCP together.<sup>15</sup> It has been suggested that this combination broadens the antibacterial range of  $\text{Ca(OH)}_2$ , primarily against some facultative or anaerobic bacteria.<sup>12</sup> Thirteen It has been demonstrated chemically that CMCP combined with  $\text{Ca(OH)}_2$  produces the weak salt calcium p-chlorophenolate. In a solution in water, the salt takes up the  $\text{H}^+$  ion and reconverts to p-chlorophenol, which gives off an excess of  $\text{OH}^-$  ions from the water, thus maintaining the high pH.<sup>14</sup>

This formulation prolongs the antibacterial action because of the progressive release of p-chlorophenol from the calcium p-chlorophenolate complex. Although CMCP has strong cytotoxic effects,<sup>15</sup> studies have re-

ported a favorable tissue response to a mixture of  $\text{Ca(OH)}_2$  and CMCP.<sup>16</sup> This response may be caused by the small concentration of p-chlorophenol released, as well as because the high pH initiates a superficial denaturalization of the tissue it contacts. This area may act as a physical barrier to a deeper diffusion of p-chlorophenol into the tissue.<sup>17</sup>

## Conclusion

We are unable to suggest a specific intracanal medication vehicle based on the current research. The alkalinity that provides antibacterial activity was retained in all of the cars. With a duration of less than 35 days often employed in clinical applications, the chemical structure of dentin might not be impacted.

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