

**Levobupivacaine- A helping hand for dental surgeons**

<sup>1</sup>Dr. Ananya Roy, Clinical Practitioner Department of Oral and Maxillofacial Surgery, Haldia Institute of Dental Sciences and Research.

<sup>2</sup>Dr. Mainak Ghosh, Post Graduate Trainee Department of Oral and Maxillofacial Surgery, Haldia Institute of Dental Sciences and Research.

**Corresponding Author:** Dr. Mainak Ghosh, Post Graduate Trainee Department of Oral and Maxillofacial Surgery, Haldia Institute of Dental Sciences and Research.

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**Abstract**

Lignocaine 2% with adrenaline 1: 100,000 (Xylocaine) is appeared as the usual to which all other local anesthetics are as compared. <sup>1</sup> From the 1900 to recent times, although bupivacaine is used an awful lot, nevertheless levobupivacaine lagged in the back of though having less cardiotoxicity than bupivacaine.<sup>2</sup>

In latest years, levobupivacaine, the natural S (-)-enantiomer of bupivacaine, emerged as a more secure alternative for local anesthesia than its racemic discern.<sup>3</sup>

**Keywords:** levobupivacaine, bupivacaine, local anesthesia

**Introduction**

In the era of regional anesthesia, levobupivacaine emerged very quickly. Levobupivacaine is the s-isomer of racemic bupivacaine. It is less cardio, neurotoxic and equally potent local anaesthetic compared to its racemate. It is known to cause less depression of myocardial contractility.<sup>2</sup>

**Pharmacodynamics**

Levobupivacaine reversibly blocks the transmission of action potential by inhibiting the passage of sodium through voltage- sensitive ion channels.

Excessive dosage can lead to cardiovascular and CNS irregularities.

**Pharmacokinetics**

Volume of distribution and clearance in significantly lower that racemic isomer.<sup>4</sup> However, unbound fraction being less which accounted for less toxicity. Post-operative increased alpha 1 glycoprotein binds with levobupivacaine further leading to its less toxicity profile.<sup>5,6</sup> Site of administration, duration of continuous infusion and/or addition of agents with vasomotor effect have an immense role on systemic uptake of levobupivacaine.<sup>3</sup>

**History**

Bupivacaine is a long-duration local anaesthetic. Bupivacaine shows good nerve anesthesia and does not

require the addition of epinephrine to prolong its effect which made its use more increasing time by time.<sup>7</sup> But the main disadvantage of bupivacaine exposed in the form of cardiotoxicity. It was believed that local anaesthetic toxicity manifests as a progression from mild symptoms to convulsions, eventual cardiac depression and cardiac arrest.<sup>8</sup>

### **Stereochemistry**

Bupivacaine toxicity has led to explore the area of stereochemistry. Differences between the bupivacaine isomers were first noted by Aberg and Luduena in 1972.<sup>9,10</sup> It also revealed the increased efficacy of S (-) isomer after skin infiltration.

### **Effect on different systems**

Cardiovascular system: Levobupivacaine tested less affinity and electricity of inhibitory effect onto the inactivated state of cardiac sodium channels than dextrobupivacaine.<sup>11,12</sup> Interactions with the inactivated nation of the sodium channel showed marked stereoselectivity, with a 39% decrease EC50 for inactivated country block through dextrobupivacaine.<sup>13</sup> Apparent dissociation consistent values of 27.3 mm and 4.1 mm were calculated for dextrobupivacaine and levobupivacaine, indicating dextrobupivacaine to be seven times more potent in blocking the potassium channel than levobupivacaine.<sup>14</sup> Racemic bupivacaine caused a greater than 50% lower in Vmax compared to levobupivacaine and ropivacaine at 30 mm.<sup>15</sup>

Central nervous system: The standard deviation of convulsive dose after intravenous levobupivacaine in conscious sheep is 103 (18) mg, appreciably better than the convulsive dose of bupivacaine 85 (11) mg.<sup>16</sup>

The early scientific presentation of toxicity after levobupivacaine seems to consist of relevant anxious signs and symptoms (disorientation, drowsiness, slurred speech).<sup>17, 18</sup>

### **Role of levobupivacaine in dental surgery**

Initial licensing of levobupivacaine recommends a dose of 150 mg and a maximum dose over 24 h of 400 mg. The expanded safety margin of levobupivacaine would possibly advocate that more drug might be administered in divided doses. Some studies have proven a small growth in length of sensory block with levobupivacaine. Although having a limited degree of clinical impact, this remark may be as a result of the extended relative vasoconstrictive movement of levobupivacaine as compared to bupivacaine.<sup>19,20</sup> The satisfactory of sensory and motor block seems to be comparable in most studies after same doses of levobupivacaine and bupivacaine. Adding adjunctive analgesics together with epinephrine to local anesthetic also are used to enhance the quality of analgesia and improve safety via reducing the necessities of levobupivacaine.

The long period of sensory and motor peripheral blockade after levobupivacaine of approximate 14–16 hours diminish the scientific significance of including epinephrine to levobupivacaine. However, epinephrine may additionally assist decrease the potential for systemic toxicity in case of overdose by means of lowering systemic absorption through vasoconstriction or through signaling the accidental intravascular injection. Higher concentrations of levobupivacaine, i.e, 0.5%–0.75% speed up the onset, and increase the duration and quality of peripheral nerves blockade.

In addition, scientific studies all indicate that levo bupivacaine is properly tolerated and has an efficacy equivalent to bupivacaine for each anaesthesia and analgesia across a huge spectrum of indications, which include postoperative pain control.

### **Conclusion**

In the end, we can safely conclude that levobupivacaine has an ampule efficacy and improved protection profile,

a main benefit in local anaesthesia. It is to be hoped that the introduction of this new isomer might be a stepping stone closer to safer local anaesthetic practice.

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