

Correlation between Mandibular Third Molar Impactions and Its Presentation across Various Facial Types - A Retrospective Radiographic Study

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Abstract

Introduction: The lower third molar impactions are most common type of impactions. The most discussed etiology for the only reason for inability of tooth to successfully erupt in the oral cavity is the lack of space. The inadequacy in retromolar space can be related to the direction or rotation of growth of the mandible which can be high angle, average or low angle. The aim of this study is to delineate any relation between percentage and angulations of impactions with growth patterns.

Materials and Methods: OPG's and lateral cephalograms of 72 cases of Patients were considered from which 93 teeth were evaluated. The lateral cephalograms were traced for growth pattern of the patient. The third molar

impactions were classified according to winter's classification. P & G classification was used to determine the level of impaction and the values were analysed.

Results: High angle cases showed maximum number of impactions (48.5%) followed by low angle cases (31.4%). Mesioangular impaction was the most common type of impaction (40.8%), followed by vertical(29%) and horizontal(21.5%). Winters classification, showed significant correlation between the growth pattern and angulations of impacted third molars (P_V of .007. P and G classification showed no significant correlation (P_V of .928) :

Conclusion: According to this study, lower third molar impactions are seen more in high angle cases. Winters

classification showed a significant relation between the growth pattern and types of impactions. There is no significant relation between levels of impactions and growth patterns.

Keywords: Winters classification and third molar impactions, Third molar impactions and growth patterns, Third molar impaction types.

Abbreviations:

FMPA: Frankforts Mandibular Plane Angle

P and G: Pell and Gregory

Introduction

The third molars erupt into the oral cavity between the age of 17 to 21 years¹. In some individuals, third molars are found to be missing or get obstructed and does not erupt into the oral cavity leading to impaction^{1,2}. The third molar impactions are most common type of impactions. Impaction is more common in the mandible than in the maxilla³. The prevalence of their impaction is highly variable and generally reported to be between 16.7 and 73.82%⁴. It is seen more in females than males⁵.

The most discussed etiology for the only reason for inability of tooth to successfully erupt in the oral cavity is the lack of space. According to Bjork⁶ and Shilling⁷ the space deficiency in mandibular third molars arises due to the lack of space in the retromolar region. According to Broadbent⁸, the third molar impactions results from the inability of the mandible to achieve its full growth potential. Begg⁹ observed the occlusion of aboriginals in Australia and postulated that lack of interproximal attrition in modern man is the main cause of all impactions. The inadequacy in retromolar space can be related to the direction or rotation of growth⁶. The growth of the mandible in a more horizontal direction is more favourable in providing space for third molars to erupt between distal of second molar and ascending border of ramus. Kim et al¹⁰ reported a decrease in third molar

impactions in cases treated with first premolar extractions. Other factor is the mesial angulation of lower third molar to the mandibular plane which has not been reoriented to the vertical direction. Winter has classified third molar impaction into four categories based on their inclination of their longitudinal axis ie Mesioangular, distoangular, vertical and horizontal¹¹. Pell and Gregory has classified third molars based on their heights¹².

The mandible can grow in upwards and forwards in low angle cases and downwards and backwards in high angle cases. According to Bjork⁶, third molar impaction was associated not only with insufficient mandibular growth, but also with a more downward as opposed to forward growth direction. He found that backward direction of eruption and retarded maturation were associated factors.

The mechanism of facial growth occurs in downward and forward direction. Based on this concept, there are basically three patterns - high angle, average and low angle cases. The average individuals with average growth pattern have a normal percentage of growth in both downward and forward direction and is cephalometrically revealed by values of basal plane angle of 25° and FMPA of 22-30°, and upper and lower gonial angles of 52-55° and 72-75° respectively. The high angle cases exhibit more growth potential in vertical direction than the horizontal and can be diagnosed with the cephalometric values of basal plane angle greater than 25°, FMPA greater than or equal to 30° and upper gonial angle greater than 55°. The low angle individuals show more growth potential in the horizontal direction than vertical and exhibit cephalometric values of basal plane angle less than 25°, FMPA less than 22° and lower gonial angle greater than 75°.

The role of impacted third molar has been found to be related to some dental and skeletal features that are controversial and differs with different population. Hence

this particular study was undertaken to delineate the mandibular third molar impactions across three facial types, both in angular and vertical eruption levels.

Materials and Methods

The study samples consisted of OPG's and lateral cephalograms of 72 cases of Patients who had undergone fixed orthodontic treatment from which 93 teeth were evaluated. Only mandibular third molars were taken into consideration. Radiographs of patients with incomplete 3rd molar root formation, pathological lesions around 3rd molar, syndromic anomalies, congenital disorders, and those under the age of 18 were excluded.

The lateral cephalograms were traced to find out the growth pattern of the patient using gonial angle (figure 1), basal plane angle (figure 2) and FMPA (figure 3) and based on their average values (table 1), the patients were divided into horizontal, vertical and average growers.

The third molar impactions were classified according to winter's classification¹¹(figure 4) based on the angulation of the third molar to the longitudinal axis of the second molars into vertical (10 to -10 degree) mesioangular (10 to 80 degree), horizontal (80 to 100 degree) and distoangular (-10 to -80 degree).

For determining the level of impaction based on P & G classification¹² (figure 5) , M3 were categorized to 3 (Figure 2); In level A, the highest part of the mandibular third molar was on the same level or below the occlusal plane of the adjacent second molar. In level B, the highest part of the mandibular third molar was below the occlusal plane but above the cervical line of the second molar. In level C, the highest part of the mandibular third molar was beneath the cervical line of the second molar.

Growth pattern is determined and the impacted teeth are classified according to winters and P and G classification and evaluated. The chi square test was used to determine the relationship between third molar impactions and

different growth patterns. p values < 0.05 were considered significant.

Results

In this study, 72 OPGs and cephalograms with 93 impacted teeth were evaluated. Chi square test was performed to test the significance. High angle cases showed maximum number of impactions (48.5%) followed by low angle cases (31.4%) (Table 2). Mesioangular impaction was the most common type of impaction (40.8%), followed by vertical (29%) and horizontal (21.5%) (Table 3). Based on winter's classification, there was a significant correlation between the growth pattern and angulations of impacted third molars (P_V of .007) (Table 4). Mesioangular impactions were most common in horizontal growth patterns whereas horizontal growth patterns were more common in average and low angle cases (53.3 and 54% respectively). P and G classification showed no significant correlation between the height of impactions and growth pattern (P_V of .928) (Table 5)

Discussion

Third molars are the last erupted tooth in the oral cavity, the age of eruption being 17-22 years. Since they are the last to erupt, the chances of getting impacted is more due to space deficiency or other obstructions¹³. In this study lower third molar impactions were considered. Most of the lower third molar impactions are due to decreased retro distal space¹⁴⁻¹⁶. Also during remodeling, the decreased resorption of the anterior border of ramus can also lead to obstruction of the third molars¹⁷.the growth pattern of the mandible also plays a major role in third molar eruption. The molars tend to erupt more forward during the functional phase in patients with anterior growth rotation, compensating partly for the limited resorption at the anterior ramal border¹⁷. An important factor affecting the retromolar space is mandibular rotation which

simultaneously determines the facial growth pattern^{1,18}. There are numerous complications associated to third molar impactions and hence knowledge about etiology is relevant to aid in early elimination of etiology^{19,20}. This study aims to find any correlation between lower third molar impaction and mandibular growth pattern. Skeletal growth pattern is determined by cephalometric tracing of Gonial angle, FMPA and basal plane angle. Winters classification was used to classify the types of impaction and P and G classification was employed to determine the height of impaction.

According to this study, high angle cases are shown to have the most number of impactions the percentage being 48.5% compared to 31.4% in low angle cases and 20% in average cases, (table 2) which is in agreement with studies of Breik et al¹ who showed more incidence of third molar impactions in long faces⁴. This study is also in agreement with their findings that mesioangular impactions were the most common types of impactions, the percentage being 40.8% compared to 29% horizontal, 21.5% vertical and 8.6% distoangular. (Table 3)

Winters classification (Table 4) showed mesioangular impaction to be most common in low angle (57.4%) cases whereas horizontal impactions were more common in average and low angle cases (53.3 and 54% respectively). Distoangular impactions were least common, the values being 11.1%, 0% and 8.3% in high angle, average and low angle cases respectively. These values were significant with a p value of .007.

P and G classification showed that level B was most common in all the growth patterns, level A being the second most common and level C being the least common (table 5). The values were not significant (p value .928) according to chi square test.

Conclusion

According to this study, lower third molar impactions are seen more in high angle cases compared to low angle and average cases. Mesioangular impactions were the most common type of impactions. According to this study, Winters classification showed a significant relation between the growth pattern and types of impactions. There is no significant relation between levels of impactions and growth patterns.

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Legend Figures and Tables

Table 1: average values of angles measured

Basal Plane Angle	25°
FMPA	22-30°
Upper Gonial Angle	52-55°
Lower Gonial angle	72-75°

Table 2: growth patterns and its percentages

Growth Pattern	Percentage
High Angle	48.5%
Average	20%
Low Angle	31.4%

Table 3: types of impactions and its percentage

TYPE OF IMPACTION	PERCENTAGE
Mesioangular	40.8%
Distoangular	8.6%
Horizontal	29%
Vertical	21.5%

Table 4: Percentage of different types of impactions in different growth patterns

Growth Pattern	Winters Classification Of Impaction			
	Mesioangular	Distoangular	Horizontal	Vertical
High Angle	57.4%	11.1%	11.1%	20.3%
Average	13.3%	0%	53.3%	33.3%
Low Angle	20.8%	8.3%	54%	16.6%
P value	.007			

Table 5: percentage of different levels of impactions in different growth patterns

Growth Pattern	P And G Classification of Impaction		
	Level A	Level B	Level C
High Angle	36.8%	41.4%	16%
Average	28.5%	57.1%	14.2%
Low Angle	35.8%	46.6%	17.5%
P value	.928		

Figures

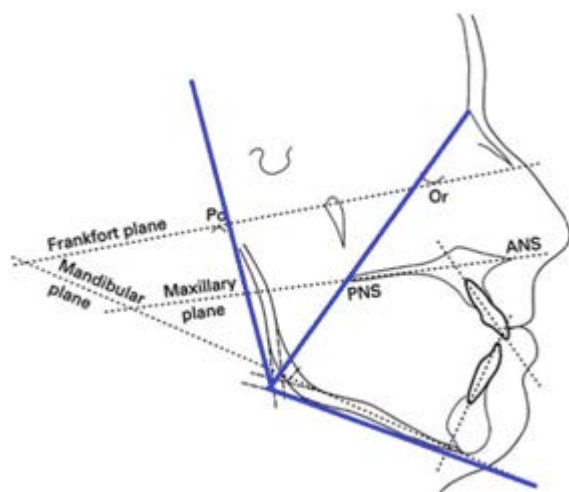


Figure 1: Gonial angle

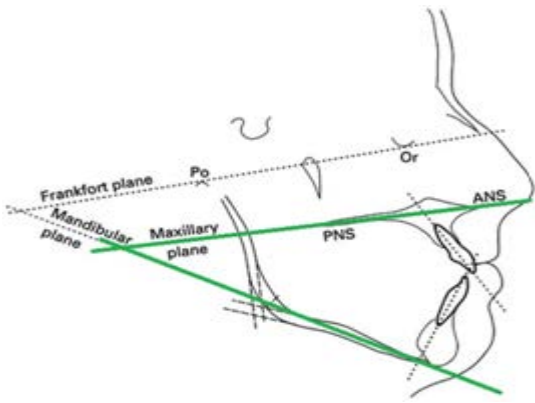


Figure 2: Basal Plane Angle

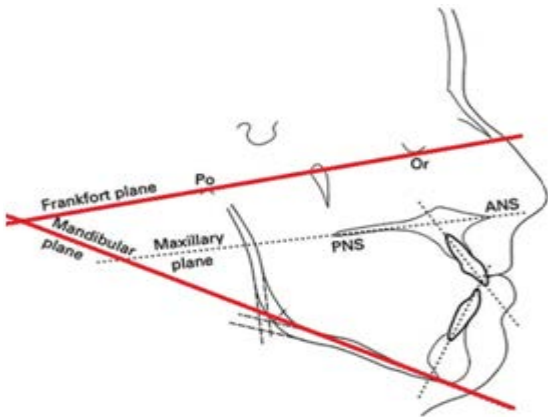


Figure 3: Frankfort's Mandibular Plane Angle



Figure 4: winters classification

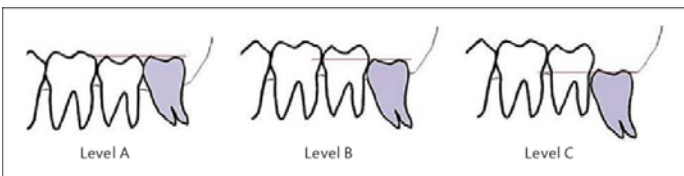


Figure 5: Pell and Gregory Classification