

# International Journal of Dental Science and Innovative Research (IJDSIR)

IJDSIR: Dental Publication Service Available Online at: www.ijdsir.com

Volume - 3, Issue - 2, March - 2020, Page No.: 246 - 250

# Unusual Case of Inferior Alveolar Nerve Relationship with Third Molar and It's Treatment

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Citation of this Article: Pratap Movaniya, Hirakben Patel, Kalpesh Makwana, Nimisha Desai, Ridhi Matariya, "Unusual Case of Inferior Alveolar Nerve Relationship with Third Molar and It's Treatment", IJDSIR- March - 2020, Vol. – 3, Issue -2, P. No. 246 – 250.

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**Type of Publication:** Case Report

**Conflicts of Interest:** Nil

#### **Abstract**

Perforation of the lower third molar roots by the inferior alveolar nerve is uncommon and can be difficult to determine by conventional radiographic methods. Presented is a case of perforation that was treated by root sectioning and treatment modality discussed for the same

**Keyword:** Third molar, inferior alveolar nerve, Root Perforation by nerve

#### Introduction

Removal of impacted or unerupted mandibular third molar is one of the most frequently performed dentoalveolar surgical procedures<sup>1</sup>. The third molar is close to important

structures such as the Inferior Alveolar Nerve (IAN), lingual nerve, and adjacent second molar <sup>2-3</sup>. The risk of IAN injury (IANI) complication depends mainly on the position of the impacted tooth in relation to the mandibular canal (MC) before surgery. The IAN travels within the MC in the mandible, and is thus supported by the alveolus and the neurovascular bundle <sup>4-5</sup>. Inferior alveolar nerve injury is one of the most feared complications of mandibular third molar surgery. A careful preoperative radiographic evaluation is mandatory to precisely define the relation between third molar roots and the inferior alveolar nerve.

The aim of the paper is to report and discuss a case in which the inferior alveolar nerve was entrapped between the roots of a partially erupted mandibular third molar.

# **Case Report**

A 36-year-old woman was referred to the Department of Oral and Maxillofacial Surgery by her general dental practitioner for the removal of her lower right third molar (Figure 1).



Figure 1: impacated third molar relation with IAN Review of the preoperative panoramic radiograph showed a mesioangularly impacted lower-right third molar with a radiolucent band across the roots (Figure 1).

Third molar was removed with the patient under local anesthesia, and during operation the IAN was found to be perforating the root (Figure 2).



Figure 2: IAN perforating the root of third molar



Figure 3: root was sectioned to free it from inferior dental bundle



Figure 4: IAN reposing in socket



Figure 5: Suturing done with 3-0 silk suture material



Figure 6: Sectioned root

There was no bony canal surrounding the bundle. The root was sectioned to free it from inferior dental bundle (Figure 3). The nerve was undamaged macroscopically by this procedure and was later repositioned in socket (Figure 4) and suture was taken with 3-0 silk (Figure 5).

#### Discussion

An intimate relationship exists between the inferior alveolar canal and the roots of the mandibular third molar. The root apices of deeply impacted teeth may show a definite grooving or they may be bent due to pressure of the contents of the mandibular canal, and in extreme cases the roots may form around the neurovascular bundle leading to its entrapment.<sup>6</sup>

A careful pre-operative radiological examination will help to determine the exact position of the impacted tooth and its relationship to the inferior alveolar canal..

Orthopantomography (panoramic radiography) is the radiologic investigation of choice before third molar surgery. The criteria for injury are identifiable on this radiograph, but like other conventional radiographs, it is unable to give complete information in three dimensions. <sup>7</sup> Cone bean computed tomography (CBCT) provides three dimensional relationships between inferior alveolar nerve and tooth root compared with conventional Orthopantomography. <sup>8</sup> some modifications of the routine

surgical procedure have been proposed for performing the extraction when the inferior alveolar nerve passes through root of third molar. Walker<sup>9</sup> reported a case in which a thin lingual root was first amputated and then definitively separated from the greater buccal root before complete tooth extraction.

Howe and Poyton<sup>10</sup> suggested widely exposing the tooth by buccal bone removal and sectioning it at the level of the nerve trunk. Mishra<sup>11</sup> proposed creating a window on the buccal aspect of the root above the level of the nerve, through which the nerve is gently lifted out.

Hosein Kalantar Motamedi<sup>12</sup>suggested first separating and extracting the tooth crown from an oval window created on the buccal aspect of the alveolar process and then sectioning the root trunk mesiodistally so the 2 fragments can be carefully removed.

Coronectomy, in other words, intentional tooth root retention, has been alternatively proposed to completely avoid the surgical risk of nerve injury, although complications can subsequently occur and, if removal is then necessary, the surgical dilemmaremains. <sup>13,14,15</sup>

The orthodontic extraction technique is recommended to the patients to reduce the postoperative complications. This technique needs an orthodontist to design and put a special bar on the tooth to control the direction of traction. It also needs a long time of traction from 6 to 12 months, especially for medially inclined and horizontal teeth to be away from the IAN. Patients also need frequent follow-ups to unite, reshape, and reactivate the cantilever every 4 to 6 weeks before the tooth is ready to be extracted. <sup>16</sup>

In the present case simple root separation was first carried out and a careful delivery of the mesial root, distal root with crown, without nerve damage.

### Conclusion

Nerve injury is a common and debilitating complication of third molar extractions. The surgical procedure to extract impacted mandibular third molars can be associated with the risk of nerve injuries, and adequate pre-operative assessment is required to identify such cases. In order to reduce the neurological risks, alternative strategies might be used like some modifications of the routine surgical procedure, coronectomy and orthodontic extraction techniques.

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# **Abbreviations**

IAN – Iferior Alveolar Nerve

IANI – Inferior Alveolar Nerve Injury

MC- Mandibular Canal

CBCT – Cone Beam Computed Tomography